

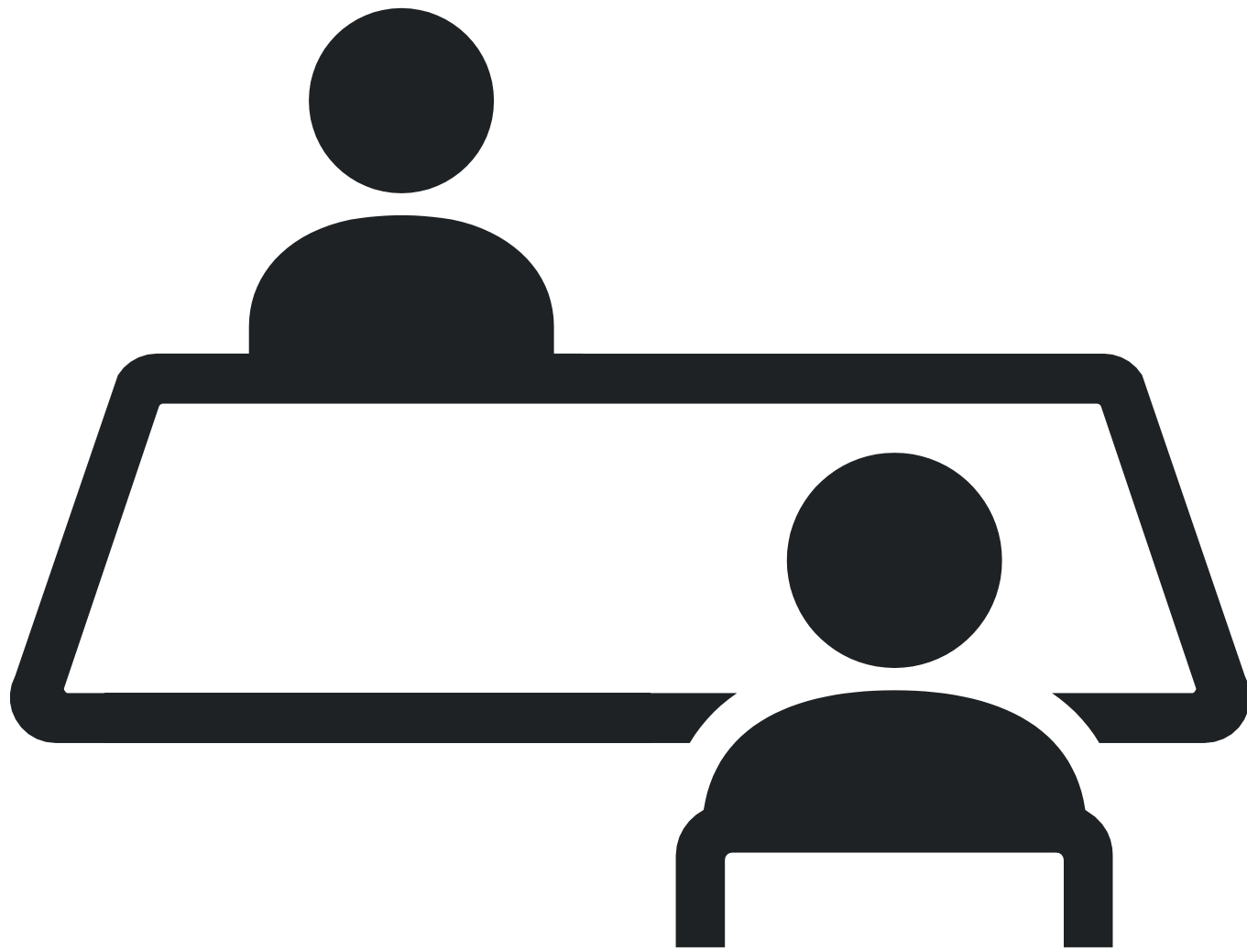




**PLEASE KEEP  
2 METRES APART**

[www.jchsafety.co.uk](http://www.jchsafety.co.uk)

**PLEASE PROTECT EVERYONE  
BY KEEPING YOUR DISTANCE**



**2 METRES**

**SIT 2M APART AT ALL TIMES**

[www.jchsafety.co.uk](http://www.jchsafety.co.uk)



**PLEASE USE  
HAND SANITISER**

[www.jchsafety.co.uk](http://www.jchsafety.co.uk)



**PLEASE CLEAN AND SANITISE  
YOUR WORK AREA BEFORE  
AND AFTER USE**

[www.jchsafety.co.uk](http://www.jchsafety.co.uk)



**ONLY TWO PERSONS  
PERMITTED IN THIS  
KITCHEN AT ANY ONE TIME**

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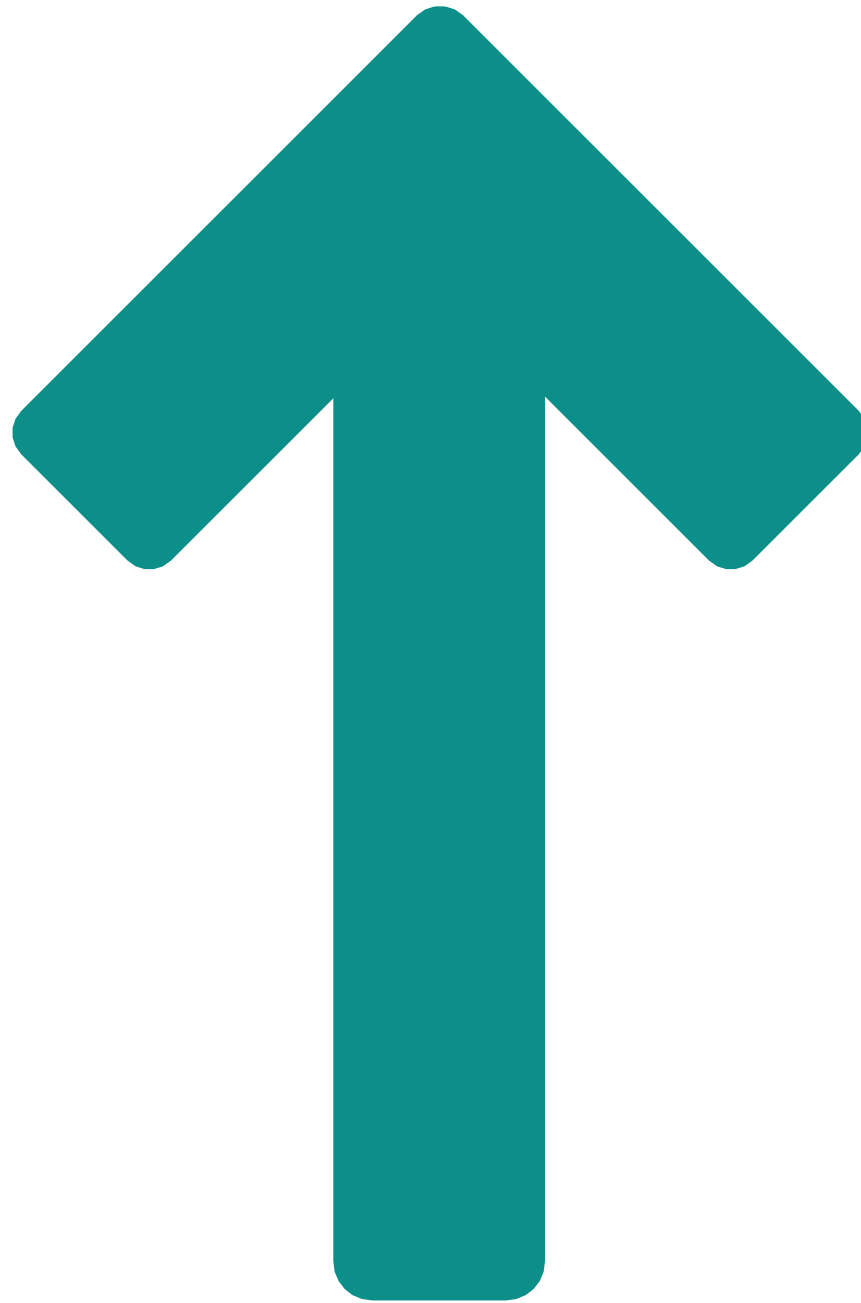




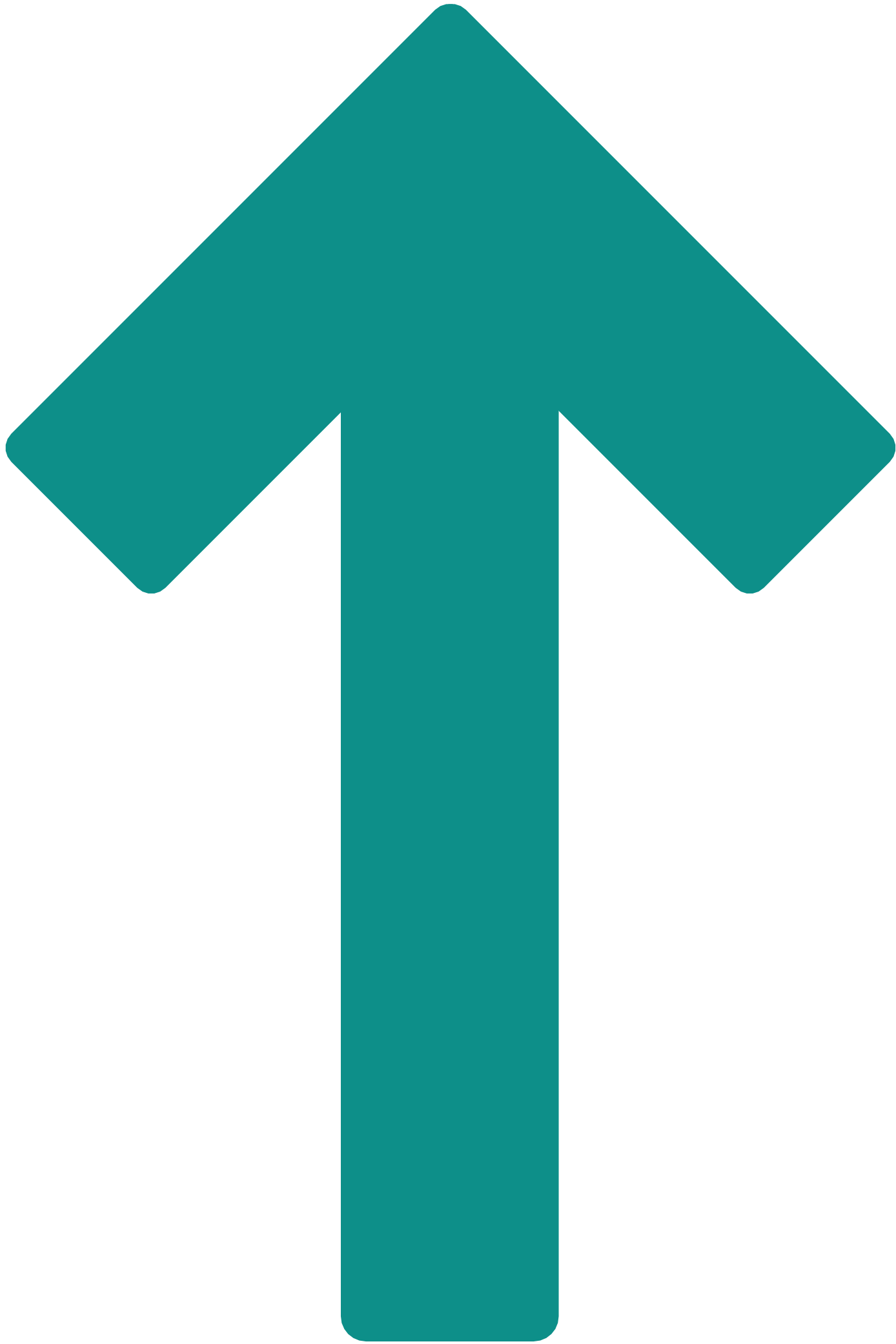
**PLEASE WEAR  
A MASK**

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**ENTRANCE**  
**PLEASE FOLLOW THE**  
**ONE WAY SYSTEM**





**IF YOU HAVE SYMPTOMS  
OF COVID-19 YOU  
SHOULD NOT BE AT WORK**

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**SOCIAL  
DISTANCING ZONE  
PLEASE QUEUE HERE AND  
MAINTAIN 2 METRES  
FROM PERSON INFRONT**



**SOCIAL  
DISTANCING ZONE**

**ONLY  PEOPLE  
ALLOWED IN AT A TIME**




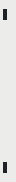
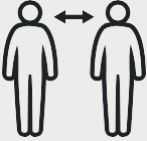






**PLEASE  
SANITISE YOUR  
WORKSTATION  
BEFORE AND  
AFTER USE**

[www.jchsafety.co.uk](http://www.jchsafety.co.uk)



# COVID-19

PLEASE READ THIS INFORMATION PROVIDED FOR YOUR SAFETY

	<p><b>Stay at home if you are ill or have:</b></p> <ul style="list-style-type: none"><li>- A high temperature - you feel hot to touch on your chest or back</li><li>- A new, continuous cough – coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours</li></ul>
	<p><b>Avoid physical contact</b> – during commute and at work</p>
	<p><b>Maintain social distancing</b> – keep away from others</p>
	<p><b>Avoid social gatherings</b> – meeting rooms and canteen</p>
	<p><b>Sites rules must be followed</b> – specific to your area</p>
	<p><b>Sneeze into crook of arm and dispose of used tissues</b></p>
	<p><b>Wash hands regularly:</b></p> <ul style="list-style-type: none"><li>- After blowing your nose, coughing, or sneezing</li><li>- After touching surfaces outside of the home</li><li>- After touching money</li><li>- Before and after eating</li></ul>
	<p><b>Staggered breaks</b> – avoid unnecessary bottlenecks</p>
	<p><b>PPE</b> – may be required in line with our risk assessments</p>



**COVID-19**

**STOP THE SPREAD**

**STAND 2M APART**